

Flood Risk Management Activity:

Prepare a Flood Kit

Everyone lives in an area of potential flood risk. Put together your own flood kit and store it somewhere you can easily grab it in the event of an emergency.

In this activity you will learn about why you should make a flood kit and consider what needs to be included in one.

You will need:

- A copy of the ‘What would you put in your flood kit?’ attached worksheet
- The [Preparing a Flood Kit](#) presentation
- Pen/pencil and paper

Now you need to:

- Work through the presentation about what a flood plan is. Make notes about the things a good flood kit needs.
- Using what you have remembered, complete the worksheet with what you would include in your own flood kit.

CHALLENGES

- When you have completed the table below for yourself/your family, imagine what would be the top priority items for an elderly single man or a Mum who is often home alone with three small children.

What would you put in your flood kit?

Remember:

- You might have to wait 24 hours to be rescued (sometimes people have to sit on the roofs of their houses!)
- Nothing will work in your house if the electricity has failed.
- Flood water may be contaminated with sewage and you may have been in contact with this polluted water.
- If the waters were fast flowing, people may have been hurt by the force of the water or the objects carried by the flow.

So what should be stored in your flood kit, in case of emergency?

Food and drink items	Medical supplies	Clothing and warmth	Other items

Now highlight the most important item in each column and explain why it is the most important.

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